

Kaiser On-the-Job[®]

Kaiser Permanente Occupational Health Services are available to all employees, not just our members.

If you have an emergency medical condition, call 911 or go to the nearest hospital.

An emergency medical condition is any of the following:

- A medical condition that manifests itself by acute symptoms of sufficient severity (including severe pain) such that you could reasonably expect the absence of immediate medical attention to result in serious jeopardy to your health or body functions or organs;
- Active labor when there isn't enough time for safe transfer to a Plan hospital (or designated hospital) before delivery, or if transfer poses a threat to your (or your unborn child's) health and safety;
- A mental disorder that manifests itself by acute symptoms of sufficient severity such that either you are an immediate danger to yourself or others, or you are not immediately able to provide for, or use, food, shelter, or clothing, due to the mental disorder.

In case of a nonemergency work-related injury or illness, follow two simple steps:

- 1. Inform your supervisor of your work-related injury or illness as soon as possible.**
- 2. Call the Kaiser On-the-Job[®] Dedicated Occupational Health Center nearest you. To locate your nearest KOJ center, call toll free 1-888-KOJ-WORK (1-888-565-9675).**

If you have predesignated a provider as your occupational health physician, please follow the appropriate guidelines for accessing nonemergency, work-related injury care.

The following KOJ Centers may be in your area and are available for your use:

▲ DEDICATED OCCUPATIONAL HEALTH CENTER

Kaiser Permanente San Jose Medical Center

Medical Office Building, 5th Floor
275 Hospital Parkway
San Jose, CA 95119
408-972-6800

Hours
M-F, 8:30 a.m.–5 p.m.*

■ AFTER-HOURS/URGENT CARE

Kaiser Permanente San Jose Medical Center

Minor Injury Clinic, Medical Office Building, 1st Floor
275 Hospital Parkway
San Jose, CA 95119
(408) 972-6800

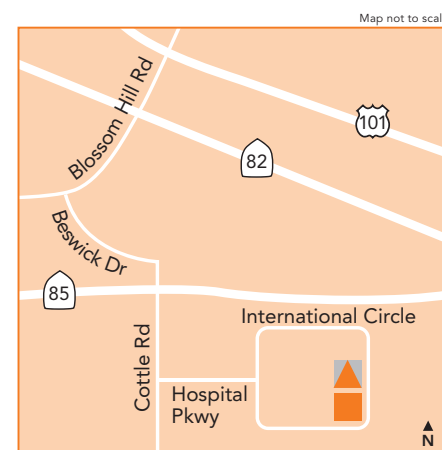
Hours
7 days a week, 9 a.m.–11 p.m.

■ HOSPITAL SERVICES

Kaiser Permanente San Jose Medical Center

250 Hospital Parkway, 1st Floor
San Jose, CA 95119
(408) 972-6140

Hours
7 days a week, 24 hours



San Jose

*Holidays closed: Jan. 17 (Martin Luther King Jr. Day); Feb. 21 (Presidents Day); May 30 (Memorial Day); Jul. 4 (Independence Day); Sep. 5 (Labor Day); Nov. 24, 25 (Thanksgiving observed); Dec. 25, 26 (Christmas observed); Jan. 1, 2, 2012 (New Year's Day)

Kaiser On-the-Job®

Se ofrecen los Servicios para la Salud Ocupacional de Kaiser Permanente a todos los empleados, no sólo a nuestros miembros.

Si tiene un problema médico de emergencia, llame al 911 o vaya al hospital más cercano.

Éstas son las condiciones que se consideran como problemas médicos de emergencia:

- Un problema médico que se manifieste con síntomas agudos de tal gravedad (incluido el dolor intenso) que usted crea, dentro de lo razonable, que el no recibir atención médica de inmediato pueda poner en peligro grave su salud o sus funciones corporales o los órganos.
- Cuando se encuentre en trabajo activo de parto y no se cuente con tiempo suficiente para trasladarla de manera segura a un hospital del Plan (u hospital designado) antes del parto, o cuando dicho traslado represente una amenaza para la salud y seguridad de usted (de su bebé aún no nacido).
- Un trastorno mental que se manifieste con síntomas agudos de tal gravedad que usted represente un peligro inmediato para sí mismo o terceros, o bien que usted no pueda inmediatamente proveer ni utilizar alimentos, vivienda o ropa como resultado del trastorno mental.

En caso de una lesión o enfermedad relacionada con el trabajo que no sea de emergencia, siga estos dos sencillos pasos:

1. Informe lo más pronto posible a su supervisor sobre la lesión o enfermedad relacionada con el trabajo.
2. Llame al Centro Dedicado a Servicios para la Salud Ocupacional de Kaiser On-the-Job® más cercano. Para ubicar su centro KOJ más cercano, llame al número sin costo 1-888-565-9675 (1-888-KOJ-WORK).

Si tiene un proveedor previamente designado como su médico para la salud ocupacional, por favor siga las pautas correspondientes para obtener acceso a los servicios de atención de lesiones relacionadas con el trabajo que no sean de emergencia.

Puede acudir a los siguientes centros KOJ que podrían estar disponibles en su área:

▲ CENTRO DEDICADO A SERVICIOS PARA LA SALUD OCUPACIONAL

Kaiser Permanente San Jose Medical Center

Medical Office Building, 5o piso
275 Hospital Parkway
San Jose, CA 95119
408-972-6800

Horario
M-F, 8:30 a.m.–5 p.m.*

■ ATENCIÓN DESPUÉS DEL HORARIO NORMAL/URGENTE

Kaiser Permanente San Jose Medical Center

Clínica para Lesiones Menores, Medical Office Building, 1er piso
275 Hospital Parkway
San Jose, CA 95119
(408) 972-6800

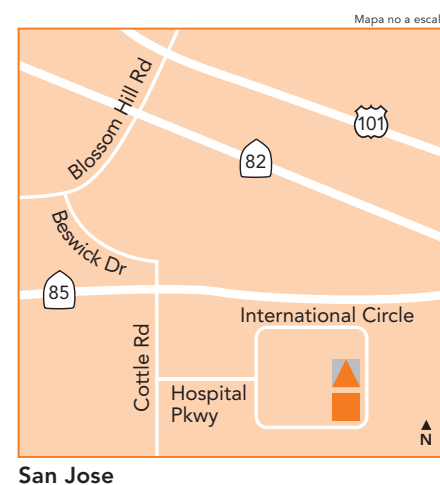
Horario
7 days a week, 9 a.m.–11 p.m.

■ SERVICIOS HOSPITALARIOS

Kaiser Permanente San Jose Medical Center

250 Hospital Parkway, 1er piso
San Jose, CA 95119
(408) 972-6140

Horario
7 days a week, las 24 horas



*Cerrado los días festivos: 17 de enero (Día de Martin Luther King Jr.); 21 de febrero (Día de los Presidentes); 30 de mayo (Día de los Caídos); 4 de julio (Día de la Independencia); 5 de septiembre (Día del Trabajo); 24, 25 de noviembre (Día de Acción de

KAISER ON-THE-JOB[®]

Occupational Health Treatment Referral Form

To ensure timely treatment, please call ahead for injury care and drug testing services. Physical exams are by appointment only.

DATE

DOI

EMPLOYEE'S NAME

EMPLOYER

EMPLOYER'S CONTACT PERSON

EMPLOYER'S INSURANCE CARRIER

JOB DESCRIPTION FOR PHYSICALS (PLEASE CHECK ONE): ATTACHED ON FILE

EMPLOYER SIGNATURE

CONTACT NAME/TITLE

CONTACT PHONE

FAX

FROM

A.M./P.M. TO

A.M./P.M.

EMPLOYEE WORK HOURS

To reorder referral forms, call **1-888-KOJ-WORK**
(1-888-565-9675) and select option 1.

DEDICATED OCCUPATIONAL HEALTH CENTERS

1 **Milpitas Medical Offices**
700 E. Calaveras Blvd.
Milpitas, CA 95035
408-945-5801
Hours: Mon.–Fri., 9 a.m.–5 p.m.

3 **San Jose Medical Center**
Medical Office Building, 5th Floor
275 Hospital Parkway
San Jose, CA 95119
408-972-6800
Hours: Mon.–Fri., 8:30 a.m.–5 p.m.

2 **Santa Clara Medical Center**
Suite SW1-190
(Cupertino Medical Offices)
10050 N. Wolfe Road
Cupertino, CA 95014
408-236-6160
Hours: Mon.–Fri., 8:30 a.m.–5 p.m.

Holidays closed: Jan. 17 (Martin Luther King Jr. Day); Feb. 21 (Presidents Day); May 30 (Memorial Day); Jul. 4 (Independence Day); Sep. 5 (Labor Day); Nov. 24, 25 (Thanksgiving observed); Dec. 25, 26 (Christmas observed); Jan. 1, 2, 2012 (New Year's Day observed)

(over for additional information)



KAISER PERMANENTE[®]

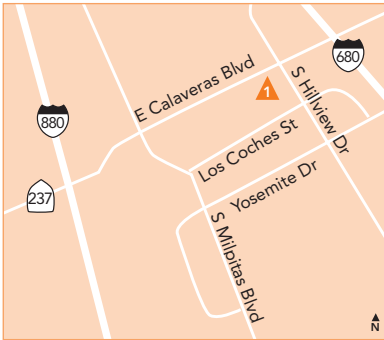
AFTER-HOURS/URGENT CARE

4 San Jose Medical Center
 Minor Injury Clinic
 Medical Office Building, 1st Floor
 275 Hospital Parkway
 San Jose, CA 95119
408-972-6800
 Hours: 9 a.m.–11 p.m., 7 days a week

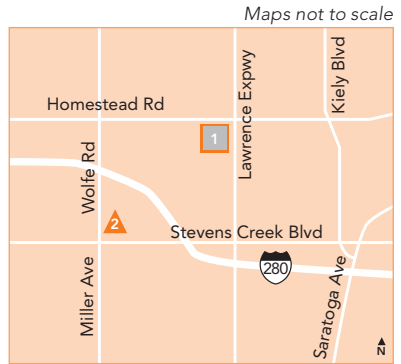
1 Santa Clara Medical Center
 Dept. 100
 700 Lawrence Expressway
 Santa Clara, CA 95051
408-851-5300
 Hours: 24 hours a day, 7 days a week

HOSPITAL SERVICES

5 San Jose Medical Center
 250 Hospital Parkway, 1st Floor
 San Jose, CA 95119
408-972-6140
 Hours: 24 hours a day, 7 days a week



Milpitas



Cupertino/Santa Clara



San Jose